

Life Skills – Over the course of the week tick off any life skills you participate in

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Helped to wash the outside of the car							
Helped to clean the inside of the car							
Helped to wash the outside of the windows							
Helped to clean the inside of the windows							
Helped to vacuum the house							
Helped to dust around the house							
Helped to tidy your bedroom							
Helped to cut the grass /weed the garden							

